

If you forget to take this product

Continue to take your usual dose at the usual time; it does not matter if you have missed a dose. Do not take a double dose to make up for a missed dose.

If you have any questions, or are unsure about anything, please ask your doctor, pharmacist or qualified healthcare practitioner.

4: Possible side-effects

Like all medicines, this product can have side-effects. These are listed below.

Side-effects

- **digestive disorders;** diarrhoea, feeling sick, being sick, abdominal pain
- **central nervous system disorders;** headache, dizziness
- **allergic reactions;** rash, raised itchy rash, swelling of the face

Stop taking this product immediately and consult your doctor if you experience an allergic reaction. If you experience any other unexpected effects not listed in this leaflet; consult your doctor or pharmacist.

Reporting of side effects

If you get any side-effects, talk to your doctor, pharmacist or qualified healthcare practitioner. This includes any possible side-effects not listed in this leaflet. You can also report side-effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side-effects you can help provide more information on the safety of this medicine.

5: How to store this product

Do not use your tablets after the expiry date, the expiry date refers to the last day of the month. Return any out-of-date tablets to your pharmacist who will dispose of them for you. The expiry date is printed on the box and the blister pack.

Store the tablets below 25°C, in the original packaging.

Keep out of the sight and reach of children. Keep your tablets in the packaging until it is time to take them.

6: Further information

Active ingredient:

Each film-coated tablet contains 450mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens* D.C and/or *H.zeyheri* L.Decne, radix) (equivalent to 1,575mg - 2,250mg of Devil's Claw root).

Extraction solvent: Ethanol 60% v/v.

Excipients in the extract: Maltodextrin, Silica Colloidal Anhydrous.

Tablet core: Maltodextrin, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, Colloidal Anhydrous Silica.

Coating: Hypromellose, Titanium Dioxide, Copper Chlorophyllin, Glycerin.

What Healthspan Devil's Claw JointAid looks like and contents of the pack: The tablets are green-coated and oval-shaped. Each pack contains 30 or 60 film-coated tablets.

Registration holder and manufacturer of this product: Thompson & Capper

Ltd, Hardwick Road, Astmoor, Runcorn, Cheshire, WA7 1PH

Traditional herbal registration number: THR 01359/0003

If you would like further information about this product or if this leaflet is hard to see or read, please contact: Healthspan Ltd, PO Box 64, Guernsey, GY1 1BT. Telephone: 0800 73 123 77.

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